

# Food Security and Community Resilience Resources

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Web: <http://foodsecurity.missouri.edu>

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## Missouri Hunger Atlas

The Missouri Hunger Atlas visually engages readers to better understand hunger in Missouri. Through a series of indicator maps and tables, the Atlas details the extent of food insecurity in all 114 Missouri counties and the city of St. Louis. The Atlas also assesses the performance of a host of public and private programs intended to help people struggling with hunger.

Web: <https://foodsecurity.missouri.edu/missouri-hunger-atlas/>

## Food Pantry Research

The center conducts a variety of research involving food pantries. Projects explore the characteristics of food pantries, looking at how they are organized and operated. Other research explores the household characteristics, health, and coping strategies of those who use food pantries. In the summer of 2021, we concluded data collection for a multi-state (Missouri, Kansas, & parts of Illinois) study involving agencies and clients and plan to make that data available by early 2022.

Web: <https://foodsecurity.missouri.edu/food-pantry-research/>

## Missouri EATs

In partnership with communities across the state, Missouri EATs helps connect local stakeholders to build and strengthen their community's food system. Missouri EATs is a community development process designed to **engage** people to identify local assets and needs; help them develop a plan to **act** on their top priorities; and make lasting changes to **transform** their local food system. Missouri EATs is a creation of the Interdisciplinary Center for Food Security and MU Extension Community Economic Development Food Systems Team. It is adapted with permission from the Oregon Food Bank's FEAST program.

Web: <https://foodsecurity.missouri.edu/missouri-eats/>